

## Curriculum

**Topics covered over the ten week program include:**

**What counts as violence?**

**What does it mean to be a man?**

**Negative vs. positive self-talk**

**Effects of violence**

**Quick fixes vs. long-term solutions**

**Mental or emotional abuse**

**Sexual abuse and respect**

**Identifying verbal abuse**

**Constructive and respectful communication**

**Being in control of your anger**

## **ADDITIONAL CRISIS**

### **CENTER**

## **PROGRAMS AND**

## **SERVICES**

24 Hour Crisis Line (308) 381-0555

Safe Shelters

Transitional Shelter

Protection/Harassment Orders

Peer Support Groups

Transportation

Financial Assistance

Crisis Support

Professional Referrals

Education/Prevention Programs

Crisis Center Office  
2251 N. Webb Rd.  
PO Box 5885  
Grand Island, NE 68802  
(308) 382-8250

Emerge Office  
2251 N. Webb Rd  
Grand Island Ne 668803  
(308) 391-2253



# **EMERGE**

**A CURRICULUM-BASED  
EDUCATION**

**GROUP FOR**

**YOUNG MEN**

**AGED 12 -18**



# **EMERGE**

**...is a safe,  
structured  
environment, in  
which young men can  
be at ease to open  
their minds and  
hearts to other  
optional lifestyles.  
The purpose of this  
program is to teach  
healing methods to  
those who have been  
victimized by their  
lifestyles  
and/or  
society.**



**Understanding that  
change takes time, this  
program is not  
a quick fix.**

**We teach skills to help  
them become confident,  
self efficient  
young men.**

**The Crisis Center is  
pleased to offer this  
group to young men.**

**This program is offered,  
in response to the  
needs expressed and  
identified by various  
agencies and entities  
within our four county  
service area, of *Hall,  
Hamilton, Howard and  
Merrick* counties.**

**CALL for dates and times  
of groups and to arrange  
a time to register for  
This program.  
382-8250**

**The course begins with an  
intake orientation session  
followed by**

**4 two hour sessions.**

**at our office**

**2251 N. Webb Road**

**Crisis Center Office.**

**For more information,  
please call**

**(308) 391-2253**